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Health & Safety Working at Heights

I-day course

This one-day course is designed to provide field personnel with an overview of safety when working at heights including rooftop safety and tower climbing.

Through theoretical study and practical exercises, delegates gain an insight into risk identification, risk assessment and the correct use of safety equipment, enabling them to safely perform duties whilst working at heights and in accordance with 'Occasional Climber' status.

Course Overview

Introduction

- Appreciation of the necessity of working safely
- Health & safety is your responsibility
- Safety of work colleagues & general public
- Identifying hazards
- Safe climbing & safety equipment

Standards & legislation

- European Standards
- Manufacturing standards for the safety equipment
- Legislative requirements for working at heights

Risk assessment

- Potential hazards & associated risks of working at heights
- Risk assessment

Safety equipment (classroom demonstration)

- Types of safety equipment
- How to use & wear safety equipment correctly
- Identification of faulty safety equipment through maintenance & inspection procedures

Practical use of safety equipment

- Using safety equipment correctly in a live environment
- Identification of safe anchorage points
- Using anchorage points correctly

50% Theory 50% Practical



▶ Qualification

BTEC applied for; CNet certificate

▶ Who should attend

Those seeking to learn more about Safety when working at heights and tower climbing

▶ Related Training

IOSH Managing Safely

▶ Course objectives

Delegates gain the knowledge and pass the necessary tests to gain the 'Occasional Climber' status and perform duties whilst working at heights

▶ Prerequisites

There are no specific requirements

Course Location

Bury St Edmunds
Suffolk